

Be Part of This Adventure!

We have composting toilets, solar electricity, wood fired hot tub, cob and other natural buildings and a view you will never forget.

The first phase of our journey has been to provide comfortable shelter for the members of our community. With this task well on its way, we now begin our second phase: food production and storage. Our future projects include:

- Cookshack exterior remodel
- Small cob hermitages
- Garden facilities
- Install wind generator
- New composting toilet

Donations of money, time, knowledge, materials and enthusiasm are always appreciated!



Apprenticeships

We offer 3-6 month live-in apprenticeships at Spirit Pine. Longer term commitments are possible after the short term satisfactorily completed. Fees for most programs are \$900/month or \$3100 for a 3-month session, including meals and camping (other lodging available). Aikido ueshideshi apprenticeships are also possible.

We Love to Barter

We are in need of:

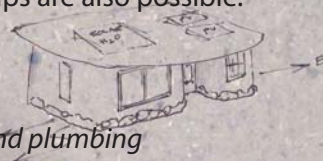
- Skilled carpentry, electrical and plumbing
- Dedicated gardeners
- Chipper/shredder
- Trees, plants and seeds (native/pioneer)

Vacation/Rustic Escapes

We offer a peaceful and beautiful space to escape for a weekend (or longer!).

Small Scale Construction Projects

We can build you a cob oven, playhouse, or other magical creation.



Saturday, July 4 • INDEPENDENCE DAY

Free • 1 day • 10:00 am to 3:00 pm

Bring a picnic lunch and join us for the day to learn all about living independent from unhealthy homes, high power bills and water waste. Spend the day among the majestic oaks with friends, experience composting toilets and visit earthen homes free of toxic building materials. You will have the opportunity to play in the mud, take a hike, take a nap and meet new friends.



Registration or Information

Call us: 805.698.3840 • Email us: cobbetty@gmail.com

Write us: PO Box 500, Los Olivos, CA 93441

Some work/trade and scholarships are available.

Discounts are available.

Spirit Pine Sanctuary offers programs for schools and groups, as well as workshops to teach natural building, design, floors and finishes. These include ferrocement, earthen ovens, earthen benches and garden walls.

SPIRIT PINE SANCTUARY

BUILDING NATURALLY... LIVING NATURALLY...



2009

SCHEDULE OF EVENTS

Spirit Pine Sanctuary is a working model of sustainable off-the-grid living. Through self-teaching and scores of knowledgeable friends, we have discovered self-sufficiency and are implementing regenerative, restorative practices on a 160-acre agriculture preserve adjacent to the Los Padres National Forest.

Come join us during our workshop season and be a part of something meaningful.

Passive Solar Hot Water System

Jan. 3-4, 2009 (Saturday & Sunday - 2 days) • \$150

Instructors: Spirit Pine Crew

Limit: 10 participants

We will install a solar hot water system that uses thermo-siphoning that extends hot water storage and improves an existing greywater system. You will gain an understanding of passive solar principals and learn basic plumbing skills.

Includes: Meals, camping, hands-on instruction and discussion.

Earthplay Earth Sculpture

Jan. 10-11, 2009 (Saturday & Sunday - 2 days)

\$60/day or \$100/weekend

Instructors: Patra Loundsberry, Betty Seaman

Includes: Camping and meals if you stay for the weekend, lunch if you are staying only for a day; all materials and tools needed and instruction.

Limit: 15 participants

Santa Barbara artist Patra Loundsberry will guide you in the process of sculpting with earthen materials to create sensual, beautiful works of art. Betty Seaman will assist with natural pigments and finishes.

Greywater Systems

Feb. 7-8 (Saturday & Sunday - 2 days) • \$150

Instructors: Guest instructor and Spirit Pine Crew

Limit: 15 participants

Become familiar with the different methods of greywater systems, when to use which system and why in the design and implementation for the bathhouse on-site.

Includes: Meals, camping, and hands-on instruction.



Barn Raising!

March 14-22 (9 days) • \$840

Instructors: Dafyd and Yolanda Rawlings

Limit: 25 participants

We will construct a salvage wood and clay-straw structure to store farm equipment, animal feed and house a small tool shop. You will learn the basics of framing, post and beam buildings, learn to construct with wooden pallets, and the infill technique called "light-clay straw" or "slip-straw". Time permitting, we will also apply the first layer of plaster to the building.

Includes: Meals, camping, and hands-on instruction.

Owner-Builder Cob Structure

April 3-12 (10 days) • \$950



Instructors: Betty Seaman and Bernhard Masterson

Limit: 25 participants

Learn to build a small, inexpensive dwelling using the earth under your feet. We will cover drainage, foundation and stem walls, cob and bale-cob techniques, door and window installation, plumbing and electric installation, and roof systems.

Includes: Meals, camping, and hands-on instruction.

Ferrocement Roof Structure

May 1-10 (10 days) • \$950

Instructors: Paul Kemnitzer and Tautahcho Muhuawit

Limit: 25 participants

Paul, a local ferrocement water tank expert, will teach how to create a ferrocement roof system on top of a cob structure. This roof will serve also as a water catchment surface. You will learn to build the metal armature, attach it to the earthen structure, and cement, seal and color it.

Includes: Meals, camping, and hands-on instruction.

Composting Toilets

June 5-7 (3 days) • \$350

Instructor: Tautahcho Muhuawit

Limit: 15 participants

Learn the principals, uses, and laws concerning different types of composting toilets. You will build a large family compost toilet and a small version called the "sawdust toilet" as well as experience a multitude of different versions on site.

Includes: Meals, camping, and hands-on instruction.



Earthen and Lime Plasters

June 12,13,14 (Friday-Sunday, 3 days) • \$325

Instructor: Betty Seaman

Limit: 25 participants

We will plaster an earthen building both inside, and out, using a multitude of different types of plasters and colors.

Includes: Meals, camping, materials, tools, and hands-on instruction.